STROBE Statement—Checklist of items that should be included in reports of *cohort studies*

	Item No	Recommendation	Line#
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract	2
		(b) Provide in the abstract an informative and balanced summary of what was done	- 61-83
		and what was found	0.00
Introduction			_
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	- 86-97
Objectives	3	State specific objectives, including any prespecified hypotheses	98-102
Methods		1 3 / 2 / 1	_
Study design	4	Present key elements of study design early in the paper	_ 105-110
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment,	_ 112-115
	Ü	exposure, follow-up, and data collection	133
Participants	6	(a) Give the eligibility criteria, and the sources and methods of selection of	- 112-115
		participants. Describe methods of follow-up	112-110
		(b) For matched studies, give matching criteria and number of exposed and	NA
		unexposed	
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect	_ 120-152
		modifiers. Give diagnostic criteria, if applicable	
Data sources/	8*	For each variable of interest, give sources of data and details of methods of	App. 1-2
measurement		assessment (measurement). Describe comparability of assessment methods if there is	
		more than one group	
Bias	9	Describe any efforts to address potential sources of bias	_ 162,177
Study size	10	Explain how the study size was arrived at	114-11
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable,	153-181
		describe which groupings were chosen and why	_
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	_ 173-181
		(b) Describe any methods used to examine subgroups and interactions	_ 169
		(c) Explain how missing data were addressed	_ NA
		(d) If applicable, explain how loss to follow-up was addressed	_ 162
		(e) Describe any sensitivity analyses	_ NA
Results			_
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially	183
		eligible, examined for eligibility, confirmed eligible, included in the study,	
		completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	NA
		(c) Consider use of a flow diagram	NA
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and	183-192
		information on exposures and potential confounders	
		(b) Indicate number of participants with missing data for each variable of interest	_NA
		(c) Summarise follow-up time (eg, average and total amount)	_Fig 1, 19
Outcome data	15*	Report numbers of outcome events or summary measures over time	Tbl 2 4
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and	Tbl 2, 4 199-227
		their precision (eg, 95% confidence interval). Make clear which confounders were	
		adjusted for and why they were included	
		(b) Report category boundaries when continuous variables were categorized	_Tbl4
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a	Tbl3, 259
		meaningful time period	_

Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and	205
		sensitivity analyses	
Discussion			
Key results	18	Summarise key results with reference to study objectives	231-237
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or	273-278
		imprecision. Discuss both direction and magnitude of any potential bias	_
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations,	238-270
		multiplicity of analyses, results from similar studies, and other relevant evidence	
Generalisability	21	Discuss the generalisability (external validity) of the study results	278
Other information			_
Funding	22	Give the source of funding and the role of the funders for the present study and, if	30
		applicable, for the original study on which the present article is based	

^{*}Give information separately for exposed and unexposed groups.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at http://www.strobe-statement.org.