

Appendix 1, as supplied by the authors. Appendix to: Agarwal P, Mukerji G, Laur C, et al. Adoption, feasibility and safety of a family medicine-led remote monitoring program for patients with COVID-19: a descriptive study. *CMAJ Open* 2021. doi:10.9778/cmajo.20200174.

Copyright © 2021 The Author(s) or their employer(s).

To receive this resource in an accessible format, please contact us at cmajgroup@cmaj.ca.

You are not alone!

Our COVIDCare@Home team will help you recover at home.

We do this virtually:

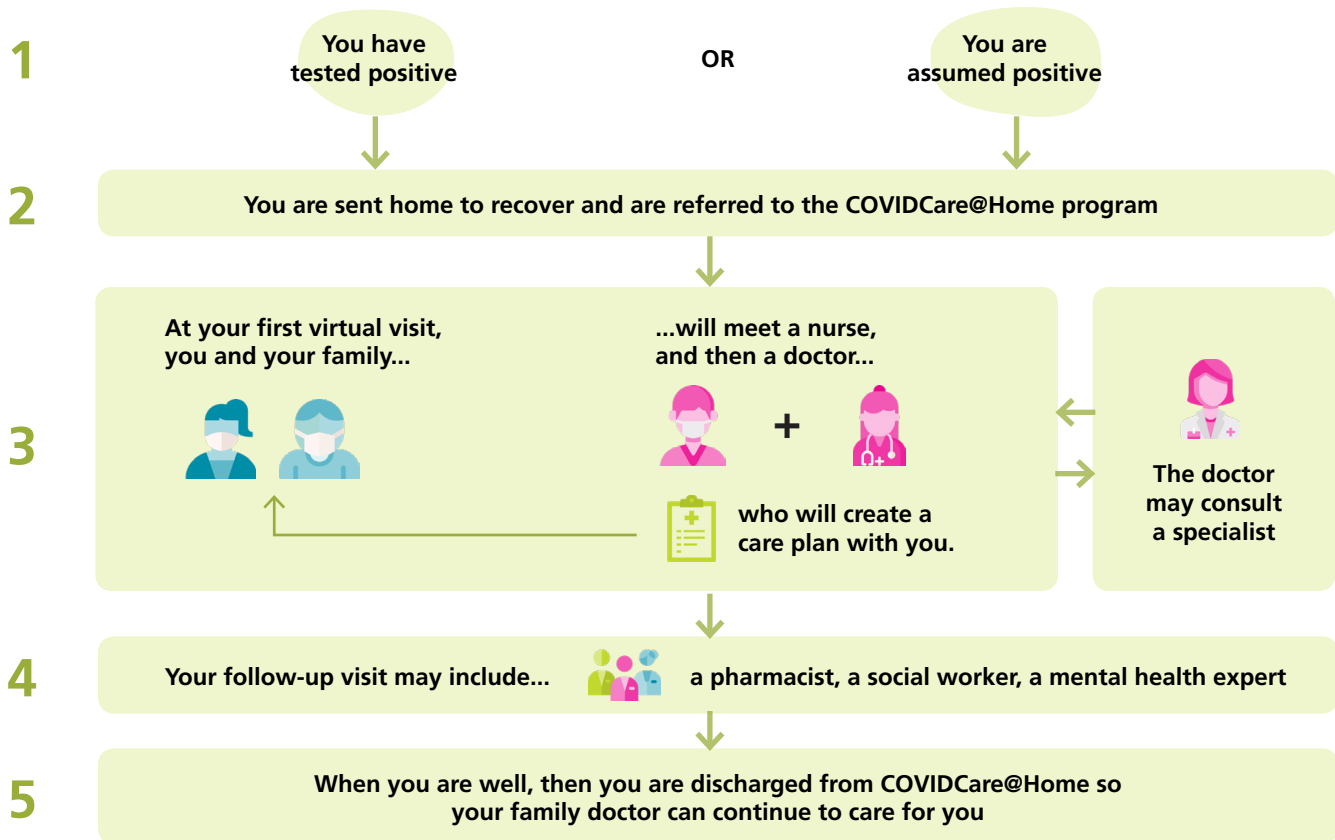


Phone
(no internet required)



Online
(using internet)

How does COVIDCare@Home work?



Preparing for an appointment

For a full guide on preparing for a virtual visit, go to <https://covidcareathome.ca/appointment.html>

Before your visit

Take some time to write down:

- your key symptoms and when they began
- questions you'd like to ask

The day of your visit

Leave some time (15-20 min) before your visit to get ready

- Take your measurements at rest before the call begins eg. temperature, O₂ saturation, blood pressure, heart rate
- Log in a bit early in case there are technical difficulties

Contact

Telephone: 416-323-6199

covidcareathome.ca